

The Scoop

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Spring

Written by Hailey Wetherbee

An English proverb says that “**No matter how long the winter, spring is sure to follow.**” A statement that implies we must always hope. Spring and hope go hand in hand. The idea is that even when the world is frozen and cold, underneath lies the beginnings of new growth.

Spring in nature tells us that with hard work nothing is impossible, even the smallest flower can break through and bloom. At Summercrest we will celebrate the increasingly warm breezes, watch the new growth on the living roof of our patio, and enjoy all that spring has to offer.

Life is Good Here



Employee Spotlight

Patrina Waterman, Resident Services Assistant

Patrina was born and raised in Granville, New York. Patrina met her husband in New York and soon thereafter they moved back to New Hampshire, in 1984. Patrina and her husband had two boys who are now grown and live locally. She has six grandchildren.

Patrina started at Summercrest this winter and very recently began as a full-time employee. She works in both dining services and activities. Prior to working at Summercrest Patrina worked in food service in the Unity School system and prior to that she worked at Dunkin Donuts for 20 years. Patrina's favorite thing about her job here at Summercrest is, of course, the residents. In her short time here, she has already formed strong bonds with the residents. In her spare time, Patrina loves crafting; she is really good at it. She enjoys camping and spending time with her family. And she absolutely loves having fun! Patrina is a great addition to the Summercrest family!



Noteworthy Community Activities

- Rootbeer Floats Social
- Music with Kirsten Becker
- Exercise Group
- Creative Coloring
- Bowling
- Spring Fling Party with Jim Hollis
- Volleyball
- Easter Raffle
- Flower Pot Craft
- Leigh's Farewell Party

A Day in My Shoes

What is it like to be Summercrest's Resident Services Director

WRITTEN BY BARBARA RABTOY



My day starts in the best way. My four-legged alarm clock named Heather wakes me up around 5:00 am. I get out of bed and feed the dog and do my morning routine so I can get out the door to work. I usually arrive at Summercrest by 7:00 am. Sometimes I may be a little later if I've stopped at the store to do resident shopping on my way in. I arrive early because this is the only quiet office time I get throughout the day. Once the activities start at 10 am it is go, go, go- all day long.

When I arrive in the building, I go into the dining room to get a cup of coffee and say hi to the residents who are having breakfast. They usually ask about that days' upcoming activities, so I give them a brief rundown. Then it's off to my office to check emails and voicemails. I also use this time to work on the monthly activities calendar and staffing

schedule. I oversee 13 Summercrest staff members in the departments of resident services, dining services, housekeeping, and transportation.

Then it's time for our 10:00 am activity which could be exercise, a social hour, meet & greet with new staff members, crafting, games, or a faith-based activity. After the activity, as residents go off to get ready for dinner, I do any little thing that needs doing. This could be cleaning, laundry, resident shopping, or caring for Tobey the cat.

Often residents stop by my office to visit. I love this. It's great to be able to hear what is going on in their world. Residents bring me ideas for activities they want to try. I take these requests into account every chance I can.

The afternoon activities start at 2:00 pm and could be live entertainment, a birthday party, sing-a-longs, storytelling, games, or crafts. I start rounding up the troops at 1:45 so everyone is ready to go at 2. After the activity, I clean up and go off to see what other odd jobs need to be done. I am happy to help the dining services staff and resident assistants anytime they need.

When my day at Summercrest is complete I head home for supper, which my husband makes for us. I typically do a few chores like laundry and dishes. Finally, I'll sit down to relax with a book or watch one of my shows. And, of course, I promptly fall asleep.

I lead a simple and content life.

Earth Day Puzzle



C X K R E P A P U M Z E A R T H G P
F N I Q L E L B A S O P S I D Y L J
W T Z A M G R W C N E V U H K A E X
A J N P Y B A E M I Z L W Q S O L F
S E Y C O T E X H D R E C T A N B K
T B R V E L G N I P A J I Y O R A S
E P E R M F L S E G S C N I C P D H
K G U Z B V P U H R E O T J X E A L
A C S E H O N D T W G A M Q F U R B
Y N A J S X A L Z I V Y K T P O G I
G E B A O D E M U R O C I F A H E W
O P L X L A L Z E Q R N Y S J M D K
L R E W A H C S S A L G U S B E O F
O O D V R E N V I R O N M E N T I A
C T G L A O Y T P M E S F C K A B U
E E N I C S H M Q A J D Z O W L F C
J C E V K X E T U L L O P R G I M E
Q T Z R E D U C E N F B S P A H Y T

ATMOSPHERE | BIODEGRADABLE | CLEAN | CONSERVATION | DISPOSABLE
DISPOSAL | EARTH | EMPTY | ENERGY | ENVIRONMENT | FAUCET | GLASS
METAL | PAPER | PLANET PLASTIC | POLLUTE | POLLUTION | PROCESS
PROTECT | SAVE | SOLAR | RECYCLE | REDUCE | REUSABLE | WASTE | WATER

A Special Farewell

After nearly 10 years here at Summercrest, our wonderful Sales and Marketing Director, Leigh Stocker, will be leaving for a new adventure. Leigh has been a dedicated teammate and wonderful friend to the residents of Summercrest. The staff and residents of Summercrest are so thankful to have been able to get to know Leigh and we wish her nothing but success and joy in her new chapter.



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